



ASN UPENDO VILLAGE

TITLE: ASN UPENDO VILLAGE

PERIOD: September- October 2014

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SUBMITTED BY: ASN UPENDO VILLAGE, KENYA

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Executive Summary

ASN Upendo Village has been and continues to be a haven of hope for people living and affected by HIV and AIDS in Naivasha Sub-County. The report herein covers those activities which were carried out during the months of September and October 2014.

Among the highlights we had 3 additional kids being absorbed in the sponsorship program thus bringing the total number of pupils and students to 195. The income generating project was able to provide refresher training 167 clients on different income generating activities during the support groups. In addition, the goats of our clients give birth to five off spring.

The dispensary through the support of the institution manage is looking forward to introduce ART come January 2015. The social services department was able to organize a 3 day training for Community Health Workers to enhance their skills. Equally, the department mobilized clients to contribute in kind and in cash towards the opening ceremony of the Social Services Building.

We would like to most sincerely thank and appreciate all our supporters for their selfless giving which has enabled ASN Upendo Village to transform the lives of people infected and affected by HIV and AIDS in Naivasha.

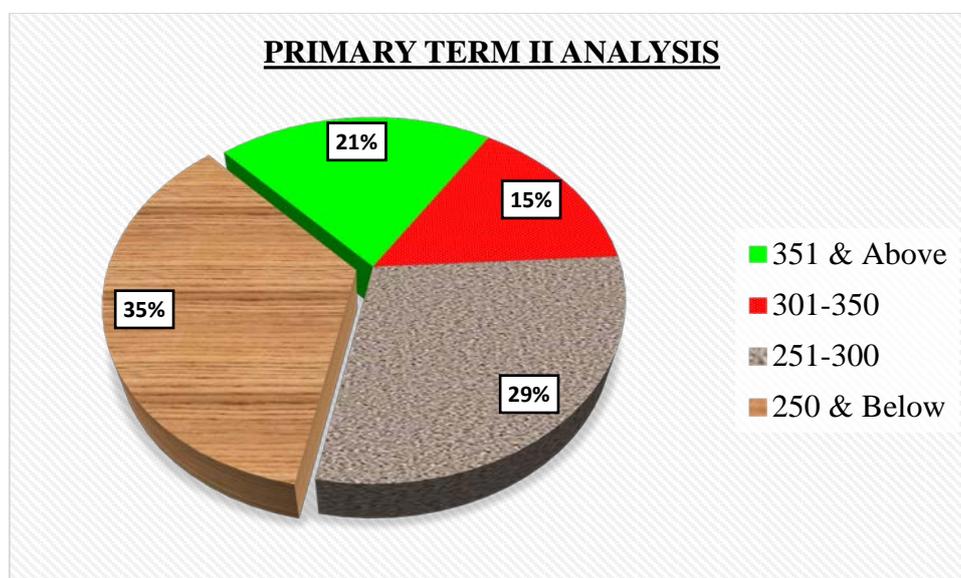
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EDUCATION DEPARTMENT

Early September 2014 the sponsored pupils/students across all levels of learning reported back to their respective institutions of learning for third term. The Primary kids reported back to school on 2nd September. Those in Secondary and College levels reported back on 3rd September. Prompt payment of their school fees and acquisition of other necessities was done to facilitate their timely return to their respective schools. The department had a challenge getting the report cards from some of the sponsored students in high schools because their respective schools had not processed them by the closing date for Second term holidays. Most report cards for second term came in Mid-October.

Generally, there was a slight improvement in the performance of most primary pupils after analysis of the results in comparison to term I performance. The pie chart below gives an analysis of second term performance by primary pupils.



It pleasing to note that a majority of the primary kids (65%) managed to score 250 marks and above. However, 35% of the total primary students scored below 250 marks which is a bit worrying. There was also a slight decline in the performance of most high school students. The table 1.0 below gives a brief description of High school performance across all forms.

Table 1.0

MEAN GRADE	A	A-	B+	B	B-	C+	C	C-	D+	D	D-	Z	TOTAL
Form 1			2	3	2	1	1	3	2		3	1	18
Form 2			2	3	1	3	4	2	2	1	1	1	20
Form 3						4	1	2		2			9
Form 4					1	3	3	2	1	1	3	1	15
TOTAL			4	6	4	11	9	9	5	4	7	3	62

KEY

Z-No results

Generally, across all forms there was no single student who scored a mean grade of A stand as witnessed in Term one results. However, 69.3% of the students across all forms managed to score a mean grade of C minus and above with another 30.6% getting a mean grade of D+ and below. Three student did not bring in their results. It was therefore not possible to reward the best performing high school students because some of the results came in late. The awarding ceremony was pushed forward to December.

Currently the number of sponsored students is standing at 195. During the month of September and October, three additional pupils were sponsored under the CUSP program. The sponsorship program is currently having 17 students at college level, 62 students in high school and 103 in primary school. The sponsorship program has 4 kids at kindergarten level.

Type of institution	Boys	Girls	Total
Nursery School	2	2	4
Primary School	49	54	103
Secondary School	29	34	62
Polytechnic/College/University	11	6	17
Secondary School Leavers	1	2	3
College leavers	4	1	5
TOTAL	96	99	195

Table 1: Gender distribution of sponsored students at ASN Upendo Village

INCOME GENERATING ACTIVITIES PROGRAM

IGAs department has continued to empower the clients to make full use of their lives. During the period under review; five dairy goats gave birth to five male kids and one female kid. Due to the drought being experienced currently milk production has declined drastically. However, the families can still manage to get little milk from the goats for domestic use. The goat beneficiaries are accumulating manure day by day in readiness for planting season when the rains come.

During this period, six families were visited to monitor the progress of the program. In one of the visits, a goat that had been sold by a client was recovered through the aid of one of our

clients who learnt of the incidence and informed the IGA Coordinator. The goat was given to another client.

In September and October, a total of a hundred and sixty seven clients were given refresher courses during the monthly therapy meetings. The department is very grateful to our clients owing to their contribution towards the dedication of the new social services building both in kind and in cash. This was a very welcome gesture which emphasizes the importance of empowering people.

MEDICAL DEPARTMENT

In the months under review, the dispensary continued to provide preventive and curative services to both our clients and the general public. The tables below show the different services that were provided.

	SEPTEMBER - 2014	OCTOBER - 2014
ANTE NATAL CLINIC	6	2
CHILD WELFARE CLINIC	34	33
CONSULTATION	248	264
VOLUNTARY COUNSELLING AND TESTING	24	6

LABORATORY TESTS DONE

	SEPTEMBER - 2014	OCTOBER - 2014
ROUTINE TEST	286	191
FULL HAEMOGRAM	78	41
THYROID TEST	2	3
PROSTRATE SPECIFIC ANTIGEN	3	2
KIDNEY FUNCTION TEST	7	4

As a measure, to enhance medical services in the dispensary, plans are underway through the support of the management to introduce the provision of anti-retroviral drugs come next year. Throughout the two months wide consultation have been ongoing coupled with proposals writing to the necessary authorities to seek authorization to start a comprehensive care clinic in our dispensary. The institution management has already employed a nurse who is trained on Anti-retroviral drugs. It is our hope that through the opening of the new unit which is underway we are going to have more clients come to the facility.

NUTRITION DEPARTMENT

The nutrition program has continued to provide nutritional supplements and advice to our clients through the support groups on a monthly basis. The program highly appreciates the donors and well-wishers for their generosity. The program has continued to emphasize on the need for our clients to become self-reliant by educating them to engage on sustainable sources of livelihoods. This way, they will be able to cut down their reliance on food supplements provided by the program.

During the period under review, the program had one bed ridden client from Mai-mahiu support group. However, through our support he is now on his feet strong and healthy. From our recent observations many of our clients are becoming strong and healthier.

SUPPORT GROUP ATTENDANCE

Name of the support group	September 2014	October 2014
Mai-mahiu	62	68
Karai	74	76
Mirera	80	93
Town	52	50
Total	268	287

During the period under review we managed to feed an average number of 133 being cumulative. All the above clients were able to benefit from our nutritional supplements. We have also noted an increase in the number of men attending the support groups. This is a good sign that men are now accepting their status and also that stigma and discrimination is decreasing.

SOCIAL SUPPORT SERVICES

The Goal of the department is to empower the clients to live with dignity through its various programs as explained herein.

Prevention of mother to Child transmission of HIV – PMTCT Project

The project continues to support babies born of HIV positive mothers with formula milk. Currently, 23 babies are on formula milk. Exclusive replacement feeding is the best choice a HIV positive mother can give her baby

Majority of the PMTCT babies are HIV free, out of 336 weaned babies and those currently on formula milk only 8 babies i.e. 2.4% are HIV positive. They were already exposed before accessing formula milk.

The Community health workers have been empowered with trainings and have acquired the knowledge and skills to counsel, offer psychosocial support and refer HIV positive people to support groups, among them expectant mothers who opt for exclusive replacement feeding.

The project has enabled us create new partnerships. Health facilities and flower farms have been referring expectant mothers who opt for formula milk. The health facilities have also facilitated the follow up and collection of copies of early infant HIV diagnostic results.



Community health workers with a PMTCT mother in red during homes visit

The Community Health Workers (CHWs) – Refresher training

On October 21 this year, a team of 11 community health workers, one staff member and three facilitators left Naivasha for a 3 day training in Nyahururu at Tabor Hill Spirituality centre. During the training, the team was taken through the following topics:

- Working with ASN Upendo Village and other stakeholders
- Introduction of the course, self-teaching and group learning for adults
- Emerging issues on HIV and AIDS/ Opportunistic infections
- HIV and AIDS and reproductive/Maternal health
- HIV and Special populations
 - ✓ Commercial sex workers, truck drivers, IDUs and Fishermen
 - ✓ Children and orphan
 - ✓ Older patients and complications including old age Non Communicable Diseases (NCDs)
- HIV and AIDS treatment Models
 - ✓ Resistance and treatment failures
 - ✓ Community based treatment adherence
- The role of CHWs in prevention, testing, treatment and care using Community Strategy
- Community Strategy: Introduction, practices and role of CHWs. The policy of Community Strategy was elaborated including the vision, mission, goal and purpose. The role of Community Health Workers in implementing and supporting Community Health strategy. The level of health systems starting from community to referral hospital was explained.
- The process of conducting the Home visits and documentations based on Community Strategy
- The aims and objectives of Home Visit was introduced as follows;
 - ✓ To provide health education, assess health need
 - ✓ To follow-up
 - ✓ To assess drugs adherence
 - ✓ To refer clients and provide linkages within the health care system (from community health level to the dispensary and health centre)



The Community health workers during a refresher training

Support group

The four support groups continue to be a solace to people living with HIV and AIDS. The group therapy meetings have empowered our clients to gain knowledge and life skills that have enabled them to embrace behaviour change and live positively. Majority have changed from their old ways and embraced dignified lifestyles free from alcoholism, drug abuse and the streets.

The four support groups have been registered by the social services department and their certificates are renewable on yearly basis. The groups make savings and are able to run their matters like a welfare kitty which takes care of clients who loose immediate family members.

The department mobilized some members of the support groups prior to the grand opening of Social Services building to assist in cleaning the compound. They did a very commendable job. The support group members further went an extra mile and donated chicken and potatoes to be part of the food items during the occasion. One member donated a goat to be slaughtered during the occasion. Other support group members also contributed some cash to support the event as a gesture of their appreciation for what ASN Upendo village has done towards empowering them.



1st and 2nd photo: Clients clearing the ground

On the material day, the clients joined the Upendo Village staff to make the event colourful. We had two male clients who voluntarily shared their life stories to our guests and how Upendo Village has supported them. It was a very moving experience to our invited guests.

Gender desk

The gender desk continues to support people affected by sexual violence. During the month of September we had 4 cases of defilement pending at the Naivasha Law court. In October we had 3 new cases of defilement. Among the cases, one involved a 5 year old child who was defiled. The culprit was arrested and arraigned in court. We also had a case of a father who assaulted his daughter. He was summoned by the area chief over the matter.

Grandmothers' project

Upendo village has been a source of hope and support for grandmothers who shoulder the burden of bringing up orphans left by their sons and daughters after succumbing to the HIV/Aids complications. The support includes; counseling, empowerment with income generating projects, sponsorship of the orphans and nutrition support. The members are also provided with nutritional supplements at the end of the meetings. During the monthly meetings, the grandmothers have always expressed their gratitude to all those who have given them a shoulder to lean on.

During the period under review, the following topics were taught on how to manage time. In September 39 grandmothers attended the meeting and in October we had 41. During the month of October, the grandmothers who had been mobilized by the social welfare office contributed some money and chicken towards the opening ceremony of the social services building. On 31st October 2014, during the grand opening of Upendo Village Social Services building, the grandmothers entertained guests with songs and dance.



Grandmothers entertaining guests



Grandmothers presenting gifts to the Bishop during mass